
Instructions for Parent to Fill out ASQ Online

(short form sample)



STEPS

- 1. Go to osp.uoregon.edu**
 - Complete an ASQ to check your child's development.
- 2. Fill out the Email My Results form in the session**
 - Continue to the last page online.
- 3. Get your ASQ pdf and Results letter from links on last page**
- 4. Review your child's ASQ and Results letter**
 - Use ASQ as a guide for what is expected at this age.
 - Use Learning Activities to continue building skills.
 - Save for your child's family record.
- 5. Share results with your child's teacher or health care**
 - From your email, choose Forward to send your ASQ and results letter to your child's teacher.
 - Download and save / print to share copies with your child's health care provider at well child or other checkups



Important Tips

- Watch your child to see what they can do.
- Take time to try ASQ items with your child if needed.
- Your child may be able to do some, but not all of the ASQ items.
- You and family members can help your child practice skills.



Answers – choose the response that best describes your child

- YES - your child can easily do the skill, *or you have already seen the skill.*
For example, your child was crawling but is now walking.
- SOMETIMES – you are just starting to see the skill, your child tries with your help.
- NOT YET – your child isn't doing the skill at this time.